



# FIELD GREENS

TOSSED PRESSED BLENDED



## SIGNATURE SALADS

### KOREAN BBQ TOFU **v** 10.25

spring mix, baby spinach, red cabbage, radish, mango, red onions, kimchi, marinated tofu, sesame seeds, lotus chips, citrus dressing

### CHOP CHOP CHICKEN 8.95

napa cabbage, chicken breast, carrots, cashews, mandarin orange, chow mein noodles, hearts of palm, scallions, ginger miso dressing

### CLASSIC COBB **gf** 12.50

romaine, smoked bacon, chicken breast, hard-boiled egg, avocado, cherry tomato, bleu cheese, honey dijon vinaigrette

### AZTEC **v gf** 9.95

romaine, avocado, roasted corn, jicama, red onions, pumpkin seeds, black beans, tomato, cotija cheese, cilantro lime dressing

### GRAINS & GREENS **v** 8.50

kale, crispy quinoa, farro, charred cauliflower, dried cherries, roasted butternut squash, toasted almonds, brussels sprouts, white balsamic dressing

### GREEKSTER **v** 10.25

romaine, kale, chickpeas, red onions, cherry tomatoes, cucumber, feta, kalamata olives, za'atar spiced pita crisps, tahini yogurt dressing

### KALE CAESAR 8.50

kale, shredded brussels sprouts, green apple, charred red onion,

## BUILD YOUR OWN 10.95

### CHOOSE UP TO:

2 greens  
4 good

2 crunchies  
1 dressing

**v** = vegetarian **gf** = gluten free



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## SMOOTHIES

GREEN MACHINE **v gf** 5.95

kale, spinach, mango, pineapple, banana,  
coconut water

VERY BERRY **v** 6.95

strawberry, blueberry, raspberry, blackberry,  
banana, hemp protein, agave, coconut water

HEAVENLY **v gf** 5.95

banana, date, almond butter, brown rice  
protein, cacao, almond milk

VANILLA PROTEIN **v** 6.95

banana, almond butter, hemp protein,  
pea protein, vanilla, cinnamon, almond milk

## JUICES **v gf**

BRING ON THE GARDEN 5.95 / 9.95

carrots, apples, ginger, orange juice

JUST BEET IT 5.95 / 9.95

beet, apple, carrots, ginger

FIERCE GREENS 5.95 / 9.95

kale, spinach, parsley, celery,  
cucumber, apple, lemon

TROPICAL DREAMS 5.95 / 9.95

pineapple, orange juice, apple, mint

WHEATGRASS SHOT 2.95

JUMPSTART SHOT 2.95

ginger, lemon, cayenne, maple

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