

FIELD



GREENS

TOSSED + PRESSED

SIGNATURE SALADS

KOREAN BBQ TOFU **v** 10.25

spring mix, baby spinach, red cabbage, radish, mango, red onions, kimchi, marinated tofu, sesame seeds, lotus chips, citrus dressing

CHOP CHOP CHICKEN 8.95

napa cabbage, pulled chicken, carrots, cashews, mandarin orange, chow mein noodles, hearts of palm, scallions, ginger miso dressing

CLASSIC COBB **gf** 12.50

romaine, smoked bacon, pulled chicken, hard-boiled egg, avocado, cherry tomato, bleu cheese, honey dijon vinaigrette

AZTEC **v gf** 9.95

romaine, avocado, roasted corn, jicama, red onions, pumpkin seeds, black beans, tomato, queso fresco, cilantro lime dressing

GRAINS & GREENS **v** 8.50

kale, crispy quinoa, farro, charred cauliflower, dried cherries, roasted butternut squash, toasted almonds, brussels sprouts, white balsamic dressing

GREEKSTER **v** 10.25

romaine, kale, chickpeas, red onions, cherry tomatoes, cucumber, feta, kalamata olives, za'atar spiced pita crisps, tahini yogurt dressing

KALE CAESAR **v** 8.50

kale, romaine, shredded brussels sprouts, green apple, charred red onion, pumpernickel crouton, parmesan cheese, caesar dressing

BUILD YOUR OWN 10.95

CHOOSE UP TO:

2 greens
4 good things
1 protein

2 crunchies
1 dressing

v = vegetarian **gf** = gluten free

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ORDER YOUR SMOOTHIES HERE!

SMOOTHIES

GREEN MACHINE **v gf** 5.95

kale, spinach, mango, pineapple, banana,
coconut water

VERY BERRY **v** 6.95

strawberry, blueberry, raspberry, blackberry,
açai, hemp protein, agave, coconut water

HEAVENLY **v gf** 5.95

banana, date, almond butter, brown rice
protein, cacao, almond milk

VANILLA PROTEIN **v** 6.95

banana, almond butter, hemp protein,
pea protein, vanilla, cinnamon, almond milk

AÇAI BOWL

10.95 **v**

topped with banana, granola,
blueberry, almond butter,
coconut milk

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